

The Faith That Cannot Be Defeated: Stand Firm on God's Promises

July 8, 2026

The Faith That Cannot Be Defeated — Stand Firm on God's Promises

Mark 11:23-24 (NKJV)

“For assuredly, I say to you, whoever says to this mountain, ‘Be removed and be cast into the sea,’ and does not doubt in his heart, but believes that those things he says will be done, he will have whatever he says. Therefore I say to you, whatever things you ask when you pray, believe that you receive them, and you will have them.”

Highlight key: = faith truth / *speak the word* · = the promise · **bold** = key terms

These are two of the most powerful sentences ever spoken by the Son of God — Jesus Himself, the head of the church and the author and finisher of our faith. This teaching shows you how to take **one verse**, speak it daily for 30 days, and build **unshakable faith** that refuses to quit.

Speaking God's word to your mountain is the sword of the Spirit — one verse, believed and declared, moves what human reasoning cannot.

Whosoever Shall Say — Not Think, Cry, or Pray About the Mountain

Notice Jesus said **“Verily, I say unto you.”** That word *verily* means truthfully, absolutely, without a shadow of a doubt. In today's language: *“I tell you the truth — you can take this to the bank.”* If Jesus said it, that settles it whether you believe it or not. But to enjoy the benefits, you must believe it, act on it, speak it, and stand your ground.

Jesus did NOT say

Jesus DID say

"If it be God's will, this mountain <i>might</i> move"	" Whosoever shall say " — that means you
"Whosoever shall <i>think about</i> the mountain"	" Whosoever shall say unto this mountain "
"Whosoever shall <i>cry over</i> the mountain"	Speak to it — command it to move in Jesus' name
"If the bishop or prophet speaks it"	Whosoever — every blood-washed child of God

So many believers talk *to God about* their problems, but they are not talking *to the problem about* God. Jesus said: **talk to the mountain**. Is it sickness? Debt? Fear? Confusion? Addiction? Whatever it is — speak to it.

He also said: "*shall not doubt in his heart, but shall believe that those things which he saith shall come to pass.*" You cannot speak one thing and believe another and expect it to work.

Proverbs 18:21 (NKJV)

"Death and life are in the power of the tongue, and those who love it will eat its fruit."

Your tongue steers your life like the rudder on a ship. If you do not like what you have been having, check what you have been saying. **You shall have whatsoever you say.** Jesus mentioned *saying* three times in Mark 11:23 but *believing* only once. Most believers do not have a believing problem — they have a **saying** problem.

- You can believe in healing and still talk sickness
 - You can believe in provision and still talk lack
 - You can believe in peace and still talk fear
 - **What you say is what you will have**
-

Believe You Receive When You Pray — Then You Shall Have

Mark 11:24 reveals the order: “*believe that you receive them*” **when you pray** — and *then* you shall have them. Believing comes first. Having comes second. Faith receives before it sees. Faith says **it’s mine now** — not later, not someday, not maybe.

That is the kind of faith that moves mountains, gets results, and changes everything. And here is the plan: take **one verse** — Mark 11:23 — and speak it every day for 30 days. One word from God, believed and spoken, will do more than a thousand religious routines.

Declare aloud: *I believe I receive when I pray. I have it now. It’s mine now. I have what I say. I believe what I say, and I say what God says.*

God would not tell you to speak the word if you could not do it. You *can* help what you say. James compared the tongue to a ship’s rudder — whichever way you turn it, your life will go.

One Verse Is Enough — Speak the Word Only

You do not need a thousand verses to move one mountain. You need **one word from God** that you believe and act on.

Matthew 8:8 (NKJV)

“Lord, only speak a word, and my servant will be healed.”

Jesus marvelled and said, “*I have not found such great faith, not even in Israel!*” That centurion did not need a sermon, a scroll, or the whole Torah. He said **“Speak the word only.”** No vision, no choir, no hands laid on, no goosebumps — just one word. And the word carries the same power whether it is in Jesus’ mouth or in your mouth.

Matthew 8:13 (NKJV)

“Go your way; and as you have believed, so let it be done for you.” And his servant was healed that same hour.

Psalms 107:20 (NKJV)

“He sent His word and healed them, and delivered them from their destructions.”

Not an angel. Not a prophet. Not a programme. **He sent His word** — and His word did the job. The problem is not that we lack enough word. We are not working the word we already have — digging it up with doubt and killing it with contradiction.

Proverbs 4:20-22 (NKJV)

“My son, give attention to my words... For they are life to those who find them, and health to all their flesh.”

Focus brings faith. You do not build strong muscles by lifting 500 different things once — you lift one thing again and again. The seed grows because you plant it in **one spot** and leave it there. So many Christians run from verse to verse, preacher to preacher, meeting to meeting — and wonder why nothing takes root.

Declare aloud: *I’m focused. I’m planted. I’m rooted in the word. Speak the word only. Just one word is enough. I’m a whosoever — this verse is talking about me.*

One verse, believed. One verse, spoken. One verse, obeyed — is all it takes for God to move. If the word is all God needs to send, then the word is all you need to receive.

Choose Your Verse — Your Mountain-Speaking Weapon

This is not a ritual. This is the **sword of the Spirit**. You are going to war — so you need the right verse.

Ephesians 6:17 (NKJV)

“Take the helmet of salvation, and the sword of the Spirit, which is the word of God.”

That Greek word for word is **rhema** — not just written text, but a spoken, alive, now word custom-fit for your battle. Ask the Holy Spirit: *“Show me the word I need to put in my mouth.”* When that verse lights up and jumps off the page — that is your sword.

Your mountain	Scripture sword
Sickness / pain	Isaiah 53:5 — by His stripes I am healed · Matthew 8:17

Your mountain	Scripture sword
Lack / financial fear	Philippians 4:19 — my God shall supply all your need
Anxiety / panic	2 Timothy 1:7 — power, love, and a sound mind
Confusion / direction	Proverbs 3:5-6 — trust and He shall direct your paths
Children / household	Isaiah 54:13 — all your children taught of the Lord

Write it big. Put it on your mirror, dashboard, phone screen, and Bible. **Proverbs 4:21** — let them not depart from your eyes. Every time you see it, you water the seed.

2 Corinthians 1:20 (NKJV)

“For all the promises of God in Him are Yes, and in Him Amen, to the glory of God through us.”

If it is in the Book, it is yours. If God said it, you can speak it. If Jesus paid for it, you can have it. You do not need another prophecy — you need that verse in your heart and in your mouth.

Do not let the devil talk you out of your verse. He will say *“that’s not for you”* — liar. *“That was just for Israel”* — liar. *“That doesn’t work today”* — liar. Every time you see your verse, it waters the seed. Every time you say it, it drives it deeper. Every time you think it, it pushes the weeds of doubt out of the garden of your heart.

Declare aloud: *Holy Ghost, lead me to my verse. I’ll take it. I’ll speak it. I’ll own it. This is my verse. This is my sword. This mountain is coming down.*

The 30-Day Daily Rhythm — Morning to Night

Faith is not a moment — it is a **lifestyle**. You do not speak the word once and expect the mountain to move. Here is the protocol:

Time	Action	Scripture anchor
------	--------	------------------

Morning	Speak the verse aloud before phone, news, or coffee. Say it slowly, strongly, three times. <i>"I am healed — not trying to get healed."</i>	Romans 10:17 — faith comes by hearing
Midday	Meditate — mutter, rehearse, chew the cud. See the pain leaving, debt paid, child saved. Picture victory, not the problem.	Joshua 1:8 — meditate day and night
Evening	Declare with thanksgiving. Faith does not keep asking — faith starts thanking. <i>"Father, thank You — it's done."</i>	Philippians 4:6 — with thanksgiving
Before sleep	Whisper the verse into the night. Let it tuck in like a blanket of faith.	Psalms 4:8 — lay me down in peace

Mark 4:28 (NKJV) — first the blade, then the ear, then the full corn. Do not stop at the blade. Keep going until the full harvest. Do this for **30 days straight** — do not skip, do not quit, do not say "it's not working yet." The word starts working the moment it is spoken in faith.

Romans 10:17 (NKJV) — faith comes by hearing, and hearing by the word of God. The first person who needs to hear your confession is **you**. You are not begging or wishing — you are declaring what God already said.

At midday, meditate — the Hebrew word means to *mutter*, mumble under your breath, rehearse like a cow chewing the cud. See the pain leaving your body. See the debt paid. See your child saved. *I see what God sees. I say what God says. I believe what God promised.*

Before bed, declare with thanksgiving: *"Father, thank You — it's done. It's working. The word is working mightily in me. I'm not moved by what I see. I'm not moved by what I feel. I'm moved by what I believe."* Whisper into the night: *"His word is working in me. My faith is active. The mountain is moving. Good night, Lord — I trust You."*

Declare aloud: *Day by day, line by line, my harvest is coming. I'm holding fast to my confession. I start my day with God's word in my mouth.*

When Resistance Comes — Guard Your Word Seed

John 10:10 (NKJV) — the thief comes to steal, kill, and destroy. **Mark 4:15** — Satan comes immediately to take away the word sown in hearts. The moment you speak the word, opposition rises — not because you failed, but because you just got **dangerous**.

1. **Recognise doubt's source** — doubt does not come from God or your spirit. **2 Corinthians 10:5** — cast down imaginations. Fight thoughts with *words*, like Jesus: *"It is written — by His stripes I am healed. My God shall supply all my need."*
2. **Do not measure by sight** — **2 Corinthians 5:7** — we walk by faith, not sight. **Hebrews 11:1** — faith is evidence of things not seen. When you plant a seed, you water and protect it — you do not dig it up every day to check.
3. **Speak in the face of pressure** — when pain increases, speak louder. **Isaiah 55:11** — God's word in *your* mouth shall not return void. The mountain moves when you speak, not when you stay quiet.
4. **Surround yourself with faith** — **Mark 5:40** — Jesus put out the mourners before raising Jairus' daughter. You cannot speak faith all day and fellowship with fear all night. Starve fear; feed faith every day.
5. **Keep standing** — **Ephesians 6:13** — having done all, stand. **James 4:7** — resist the devil and he will flee. The devil does not fear a Christian who shouts once — he fears one who will not back down.

Declare aloud: *The devil's afraid of the word in my mouth. I don't see it yet doesn't mean it's not done. The word is working whether I feel it or not. Devil, I'm still here. I'm still speaking — and you're still defeated.*

Do not be shocked when opposition rises after you speak the word. It is happening because you just got dangerous. The battle is won in the unseen realm before it shows up in the natural.

The Harvest — What Happens When the Word Produces

Mark 4:26-28 (NKJV) — the seed grows; you may not know how or when, but the word is growing in you **now**.

- **You speak differently — Matthew 12:34** — out of the abundance of the heart, the mouth speaks. You stop saying “*I hope God does something*” and start saying “*I believe I receive.*”
- **Peace replaces panic — Isaiah 26:3** — perfect peace whose mind is stayed on Him. Peace is not a product of circumstance — it is proof that faith is at work.
- **You stop begging and start thanking** — you pray like a son, not a victim. Short, bold, full of faith: “*Thank You, Father — I have it now.*”
- **Your body and circumstances begin to obey** — the mountain that mocked you crumbles. Sickness leaves. Debt dries up. Fear retreats. Everything in the natural must yield to the spiritual law of faith.
- **You become a living testimony — Revelation 12:11** — they overcame by the blood and the word of their testimony. Your breakthrough becomes someone else’s blueprint.

Declare aloud: *My body obeys the word. My finances obey the word. My future obeys the word. I’ve got peace. I’ve got faith. I’ve got the word — and it’s enough. I am a testimony in the making.*

People will notice: “*You look different. You sound different. What happened to you?*” And you will answer: “*I got the word in my mouth. I took one verse. I spoke it. I believed it. And now look what the Lord has done.*”

After 30 Days — Do Not Stop, Go Deeper

Hebrews 10:38 (NKJV)

“Now the just shall live by faith; but if anyone draws back, My soul has no pleasure in him.”

You do not visit faith — you **live there**. After 30 days on healing, go 30 days on provision. After peace, go 30 days on direction. **2 Corinthians 3:18** — from glory to glory, not from panic to panic.

Psalms 119:11 (NKJV)

“Your word I have hidden in my heart, that I might not sin against You.”

Do not throw away the old verse — **stack your arsenal**. You may be on Philippians 4:19 now, but Isaiah 53:5 still lives in you. Make daily confession a lifestyle. Faith does not have a finish line.

The Takeaway

1. **Whosoever shall say** — mountain-moving power belongs to every believer, not a select few
 2. **You shall have whatsoever you say** — align your mouth with what you believe
 3. **Believe you receive when you pray** — faith receives before it sees
 4. **One verse for 30 days** — focus plants the seed; the centurion's "speak the word only" is great faith
 5. **Choose your rhema sword** — let the Holy Spirit point you to the verse for your battle
 6. **Morning speak, midday meditate, evening thank, night whisper** — faith is a daily lifestyle
 7. **Guard the seed** — cast down doubt, walk by faith not sight, keep standing
 8. **From glory to glory** — stack verses, never stop, live by faith permanently
-

Based on a teaching on standing firm on God's promises. If it strengthened you, share it with someone who needs unshakable faith today.
