

Power of Holy Communion

October 7, 2025

1 Corinthians 11:30

“For this reason many are weak and sick among you, and many sleep.”

1. Remember it is Free, to Prevent from Falling

1 Corinthians 11:23-32 (Part 1/6)

“For I received from the Lord that which I also delivered to you: that the Lord Jesus on the same night in which He was betrayed took bread; and when He had given thanks, He broke it and said, “Take, eat; this is My body which is broken for you; do this in remembrance of Me.” In the same manner He also took the cup after supper, saying, “This cup is the new covenant in My blood.”

1 Corinthians 11:23-32 (Part 2/6)

“This do, as often as you drink it, in remembrance of Me.” For as often as you eat this bread and drink this cup, you proclaim the Lord’s death till He comes.”

1 Corinthians 11:23-32 (Part 3/6)

“Therefore whoever eats this bread or drinks this cup of the Lord in an unworthy manner will be guilty of the body and blood of the Lord.”

1 Corinthians 11:23-32 (Part 4/6)

“But let a man examine himself, and so let him eat of the bread and drink of the cup.”

1 Corinthians 11:23-32 (Part 5/6)

“For he who eats and drinks in an unworthy manner eats and drinks judgment to himself, not discerning the Lord’s body. For this reason many are weak and sick among you, and many sleep.”

1 Corinthians 11:23-32 (Part 6/6)

“For if we would judge ourselves, we would not be judged. But when we are judged, we are chastened by the Lord, that we may not be condemned with the world.”

Matthew 26:26-28 (Part 1/2)

“And as they were eating, Jesus took bread, blessed and broke it, and gave it to the disciples and said, “Take, eat; this is My body.” Then He took the cup, and gave thanks, and gave it to them, saying, “Drink from it, all of you.”

Matthew 26:26–28 (Part 2/2)

“For this is My blood of the new covenant, which is shed for many for the remission of sins.””

Genesis 2:16

“And the Lord God commanded the man, saying, “Of every tree of the garden you may freely eat;””

Genesis 3:2

“And the woman said to the serpent, “We may eat the fruit of the trees of the garden;””

Psalms 103:1–3

“Bless the Lord, O my soul; And all that is within me, bless His holy name! Bless the Lord, O my soul, And forget not all His benefits: Who forgives all your iniquities, Who heals all your diseases,”

2. To Open Your Eyes

Genesis 21:19

“Then God opened her eyes, and she saw a well of water. And she went and filled the skin with water, and gave the lad a drink.”

Genesis 3:7

“Then the eyes of both of them were opened, and they knew that they were naked; and they sewed fig leaves together and made themselves coverings.”

Luke 24:31

“Then their eyes were opened and they knew Him; and He vanished from their sight.”

3. To Redeem You from Bondage

Exodus 12:40–41 (Part 1/2)

“Now the sojourn of the children of Israel who lived in Egypt was four hundred and thirty years.”

Exodus 12:40–41 (Part 2/2)

“And it came to pass at the end of the four hundred and thirty years—on that very same day—it came to pass that all the armies of the Lord went out from the land of Egypt.”

Exodus 12:7-9 (Part 1/3)

“And they shall take some of the blood and put it on the two doorposts and on the lintel of the houses where they eat it.”

Exodus 12:7-9 (Part 2/3)

“Then they shall eat the flesh on that night; roasted in fire, with unleavened bread and with bitter herbs they shall eat it.”

Exodus 12:7-9 (Part 3/3)

“Do not eat it raw, nor boiled at all with water, but roasted in fire—its head with its legs and its entrails.”

4. To Heal You

Psalm 105:37

“...and there was not one feeble person among their tribes.”