

Paul hard-pressed between the two

December 8, 2015

What I shall choose I cannot tell

Philippians 1:19-26

New King James Version (NKJV)

¹⁹ For I know that this will turn out for my deliverance through your prayer and the supply of the Spirit of Jesus Christ, ²⁰ according to my earnest expectation and hope that in nothing I shall be ashamed, but with all boldness, as always, so now also Christ will be magnified in my body, whether **by life or by death.** ²¹ For to me, **to live is Christ, and to die is gain.** ²² But if *I* live on in the flesh, this *will mean* fruit from *my* labor; yet **what I shall choose I cannot tell.** ²³ For I am **hard-pressed between the two, having a desire to depart and be with Christ, which is far better.** ²⁴ Nevertheless to **remain in the flesh is more needful for you.** ²⁵ And being confident of this, I know that I shall remain and continue with you all for your progress and joy of faith, ²⁶ that your rejoicing for me may be more abundant in Jesus Christ by my coming to you again.

Remain in the flesh *is* more needful for you

- **to die is gain**
- **having a desire to depart and be with Christ, which is far better**