

Who can deliver you from this body of death?

October 18, 2014

Romans 7:24-25

New King James Version (NKJV)

24 O wretched man that I am! **Who** will deliver me from this body of death? 25 I thank God—through Jesus Christ our Lord!

So then, with the mind I myself serve the law of God, but with the flesh the law of sin.

- It says “**WHO**“, a person (Jesus can deliver you)
- It doesn't say “WHAT”, (e.g.: what things should i do to deliver myself.)
- Things you do (doing good, helping..etc) doesn't deliver you.
- Jesus only can deliver you

Once Jesus deliver you, the end Result will be that you will start doing good only, helping..etc from heart.