

# Rest

October 15, 2014

## Hebrews 4:11

### New King James Version (NKJV)

11 Let us therefore be diligent to enter that rest, lest anyone fall according to the same example of disobedience.

## First Peace, then Healing

### Isaiah 53:5

#### New King James Version (NKJV)

5 But He was wounded for our transgressions,  
He was bruised for our iniquities;  
The chastisement for our peace was upon Him,  
And by His stripes we are healed.

1. The Chastisement for our peace was upon Him
2. by His stripes we are healed

People use Money they don't have , Buy things they don't need, to impress people who don't care.

## Hebrews 4:1-4

### New King James Version (NKJV)

#### The Promise of Rest

4 Therefore, since a promise remains of entering **His rest, let us fear** lest any of you seem to have come short of it.

2 For indeed the gospel was preached to us as well as to them; but the word which they heard did not profit them, **not being mixed with faith** in those who **heard** it.

We who have believed do enter that rest

3 For **we who have believed do enter that rest**, as He has said:

“So I swore in My wrath,  
‘They shall not enter My rest,’”

“My rest: God calls the land us My rest”. For you and I, the substance of the land is rest

although the works were finished from the foundation of the world.

4 For He has spoken in a certain place of the seventh day in this way: “And God rested on the seventh day from all His works”;

## Only Labour in Bible

### Hebrews 4:9-11

#### King James Version (KJV)

9 There remaineth therefore a rest to the people of God.

10 For he that is entered into his rest, he also hath **ceased from his own works**, as God did from his.

11 **Let us labour therefore to enter into that rest**, lest any man fall after the same example of unbelief.

- Rest means Belief
- No Rest means Unbelief
- Man should cease from his own work

## Importance of Rest

- 70 Years Captivity by Babylonian, because they didn't allow the land to rest
- Man was created last because that he would enjoy everything God had prepared.
- God was severe on breaking the sabbath law – John Calvin
- Jesus performed many miracles on sabbath
- Jesus explained rest in the sermon on the mount
- 94 words for the Law of Sabbath
- 4 words for Law of “Thou shall not kill”

## **Genesis 2:2-3**

### **New King James Version (NKJV)**

2 And on the seventh day God ended His work which He had done, and He rested on the seventh day from all His work which He had done.

3 Then God blessed the **seventh** day and sanctified it, because in it He rested from all His work which God had created and made.

## **Meaning**

Seventh : Shebath ( Hebrew ) : Number of Perfection

## **Seven's in our body**

- Seventh day of our body is indicative for diseases
- Every seven years body goes to change ( know what to do and be younger )
- Promise : Bersheva : > Ber -> Well, Sheva -> Seven and also Sheva means Promise , sabbath comes from Sheva
- Well of promise
- You rest because God's work is perfect

## **Seven : Rest**

When you rest, Things will be perfected.

## **John 5:17**

### **New King James Version (NKJV)**

17 But Jesus answered them, "My Father has been working until now, and I have been working."

## **John 14:10**

### **New King James Version (NKJV)**

10 Do you not believe that I am in the Father, and the Father in Me? The words that I speak to you I do not speak on My own authority; but the Father who dwells in Me does the works.

Christ accomplished everything to the highest heaven and fulfilled God's greatest desires to the glory of God in 3 and half years

- Jesus Christ was never hurried/hassled
- When Jairus Daughter was dying, Many of us run but Jesus walked
- On the way Jesus healed the women
- Jesus is cool

## **Why sabbath on Sunday?**

**Acts 20:7**

**New King James Version (NKJV)**

**Ministering at Troas**

7 Now on **the first day of the week**, when the disciples came together to break bread, Paul, ready to depart the next day, spoke to them and continued his message until midnight.

**Revelation 1:10**

**New King James Version (NKJV)**

10 I was in the Spirit on **the Lord's Day**, and I heard behind me a loud voice, as of a trumpet,

**Mark 16:9**

**New King James Version (NKJV)**

**Mary Magdalene Sees the Risen Lord**

9 Now when He rose early on the first day of the week, He appeared first to Mary Magdalene, out of whom He had cast seven demons.

- Jesus rose up on the First day of the week, New Has come
- Old Testament -> New Testament
- Old Testament : Work, Work, Work -> Rest
- New Testament : Rest -> Work, Work, Work

**Example:**

## Colossians 2:16-17

### New King James Version (NKJV)

16 So let no one judge you in food or in drink, or regarding a festival or a new moon or sabbaths,

17 which are a **shadow** of things to come, but the substance is of Christ.

- Drawn person **pictures** can be used for remembrance
- Once after you have the real person, don't need Drawn **Picture**

Sabbath is a person

## Colossians 1:27

### New King James Version (NKJV)

27 To them God willed to make known what are the riches of the glory of this mystery among the Gentiles: which is Christ **in you**, the hope of glory.

**in you :**

- Continue tense in Greek :
- God is constantly at work in you
- **producing** the desire to do some thing and
- **producing** the performance to do something
- producing the performance for His good pleasure

## Philippians 2:13

### New King James Version (NKJV)

13 for it is **God who works in you** both to will and to do for His good pleasure.

Recession

## Psalms 127:1-2

### New King James Version (NKJV)

## **Laboring and Prospering with the Lord**

### **A Song of Ascents. Of Solomon.**

127 **Unless the Lord builds the house,  
They labor in vain who build it;**

Unless the Lord guards the city,  
The watchman stays awake in vain.

2 It is vain for you to rise up early,  
To sit up late,  
To eat the bread of sorrows;  
For so He gives His beloved sleep.

Solomon received wisdom while he was sleeping

### **Psalm 127:2**

#### **New American Standard Bible (NASB)**

2 It is vain for you to rise up early,  
To retire late,  
To eat the bread of painful labors;  
For He gives to His beloved even **in his sleep**.

- **in his sleep** -> Solomon

Sleep is God's contrivance for giving us the help he cannot get into us when we are awake. – George MacDonald

- Israel afraid of an enemy, which was defeated 40 years earlier
- Eating bread of painful labors -> Unbelief

### **Matthew 11:28**

#### **King James Version (KJV)**

28 Come unto me, all ye that labour and are heavy laden, and I will give you rest.

- First wealth went to Egyptians
- Then Israelite got the wealth

## **Song of Solomon 2:15**

### **New King James Version (NKJV)**

15 Catch us the foxes,  
The little foxes that spoil the vines,  
For our vines have tender grapes.

- Vine : Happiness
- God is working behind the scene
- Be on rest
- “What if?” means you don’t have faith

## **Hebrews 10:38**

### **New King James Version (NKJV)**

38 Now **the just shall live by faith;**  
But if anyone draws back,  
My soul has no pleasure in him.”

## **What makes God happy?**

- God prepares the way
- He see you enjoying the journey
- That makes God happy
- God is love
- God loves you